

What to Bring on Overnights

Overnights are rides that the club does that take us away from our homes for a night or two (or more if you are lucky!). It is important on these rides to come prepared, so here is a short list to help you know what you might need to bring along:

- Full Wets (Jacket/Pants/Gloves/Neck Warmer)
- Bumbag (Earplugs/Sunnies/Camera)
- A T-Shirt or two or whatever you intend to wear when we aren't riding
- Jeans (again, for when we aren't riding)
- Windproof Top (in case it gets chilly!)
- Long sleeve Thermal shirt
- Board Shorts (for swimming, if the weather's good)
- Runners (slim, and easy to pack)
- Basic toiletries
- Visor Cleaner and Rag
- Phone Charger
- Hat

Also, below are some items that are useful, but hopefully not often required:

- Tools appropriate to your bike
- Puncture Repair Kit
- Chain Lube

The club recommends members wear leather suits if they have them. The best advice is often spoken from other members, so please feel free to speak to members at our regular meetings, day rides or on The Lounge. We've all been there before, so you'll find everyone only too willing to share their pearls of wisdom.

What to Bring for Track Days!

Track days are a lot of fun on their own, now imagine attending a Track Day with a bunch of your good friends. Hangmore may organise exclusive Track Days during the year (that's right, it's just you and a bunch of the coolest folks around) as well as the odd Hangmore Hi-Jack. To make these days a little easier on yourself, below are a few tips for attending track days:

It's always best to trailer your bike to the track. Just in case the worst happens. And besides, after tearing around the track all day, the last thing you'll want to do is crawl home at freeway speeds. Pack some food, snacks and most importantly water (or other hydrating fluid) to keep your strength and alertness up. A full track day can be pretty tiring, so you'll need to keep your own fuels topped up throughout the day.

Handy items to have are:

- Extra fuel - most tracks won't have fuel there
- A chair to sit on - rest is needed between sessions
- A tool kit - Just to tinker, adjust or (gulp) reattach
- A spare visor in case the weather changes (light vs dark vs no tint)
- A spare set of gloves, just in case your hands get a bit sweaty
- Wet weather gear, just in case
- Tire warmers are used by some members, not all. It's a personal choice.
- Bike Stands are always handy, but again, not needed

Again, talk to other members and see what they think they need. You might just find a few extra tips.

Don't worry if you don't have your own trailer, other members might have spare spots on theirs. It's another great chance to get to know your fellow Hangmorians on the way to the track!

It is also important to ensure your bike is in good working order. Below are some key things to check:

- Chain not slack or tight (this is a BIG one).
- Throttle snaps back when released.
- Brake pads not worn out.
- Tyres in good/roadworthy condition.
- Remove bike racks if possible.
- No leaking fluids.
- No loose parts.
- You may want to tape up any glass (plastic lights do not require taping up).